

# EVOLVE

## BEHAVIORAL HEALTH SERVICES, PLLC



***Transforming Lives with  
Compassionate Care***

***Now accepting new clients!***

***WELCOME. I'M GLAD YOU'RE HERE!***

I'm Shamika, a Licensed Clinical Social Worker and founder of EVOLVE Behavioral Health Services. With over a decade of experience, I specialize in trauma-informed therapy for adolescents and adults navigating stress, anxiety, grief, life transitions, and complex family dynamics. My practice is rooted in authenticity, collaboration, and the belief that healing is possible when we feel truly seen and supported.





My ideal client is someone who's ready to explore their story, even if they're unsure where to begin. Whether you're a caregiver seeking support for your child, a young adult feeling overwhelmed, or someone carrying the weight of past trauma, I offer a safe, affirming space to process, grow, and evolve.

Therapy with me is relational, strengths-based, and tailored to your needs. I blend evidence-based approaches with deep empathy and cultural responsiveness, always honoring your pace and voice.

***If you're ready to begin your healing journey, I invite you to reach out. Let's take that first step together.***

***Now accepting NC Medicaid Plans***

### CONTACT

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**Shamika Hawkins,  
Licensed Clinical Social Worker**